

# Deadwood Ditto

## September 2018



Every Sunday in September 10-2	Deadwood Farmers Market Deadwood PO Parking lot
Sept. 2 Sunday, @ 5:00pm	Food Co-op orders due
Sept. 13 Thursday	Food Co-op Distribution @ Community Center
September 13 Thursday 7 pm at the Swishhome Station	Swishhome- Deadwood Fire Dept. Board Meeting
September 13 Thursday 10-2	Mapleton Food Share
September 21 Friday Blachly Grange 11-2	Triangle Lake Food Share
September 26 Wednesday 9-3 Community Center	Deadwood Creek Restoration Forest Service Field Trip
September 29 Saturday 10-2	Mapleton Food Share
October 19 Wednesday 6:00	Mapleton School Board Meeting Deadwood Community Center
October 14 At noon, Swishhome Station	Fire Dept. Fundraiser BBQ

### Deadwood Food Coop News

Greetings Members,

Please note that in Sept. distribution is the 2<sup>nd</sup> Thurs. Typically, it's the 3<sup>rd</sup> Thurs., however, Azure moved our delivery date up 1 week for the Sept. order.

Put the above dates on your calendars & remember to submit 1 copy with your orders. Thanks to Denice, Chuck, Calvin S. and Carina for helping with July's order.

### A Suggestion from Richie Gross:

Name the moons on the Deadwood Calendar. One example...The August Moon—"Zucchini Moon" (suggestion by Mark).

Process for choosing the names? I don't know...ask the Ditto editor and calendar editor to filter and choose? The names could evolve over the years.

### Deadwood Farmers Market

Submitted by Billy Burruss

T.H.Lawrence describes the Oaxaca market where natives wake long before dawn to make the trek to town bringing their wares on the burros' backs. They come to buy goods, crafts, vegetables and meat. But they come mainly for the human contact. The Deadwood Farmers Market offers all this, though on a much smaller scale. Last week there were a dozen venders selling

fresh local products: crafts, fresh baked goods, rabbits, zucchini bread and bat houses. Music was provided by a trio, or a quartet if you'd like to sit in. Our market has been around 12 years, not centuries like Oaxaca. But the human contact and congeniality is always there.

The market is held every Sunday from 10 am to 2 pm under the trees at the Deadwood Post Office. You're welcome to set up your table; there's no fee. Come visit with your neighbors.

### Pity the Nation (Khalil Gibran)

Submitted by Richie Gross

Pity the nation whose people are sheep,  
and whose shepherds mislead them.  
Pity the nation whose leaders are liars,  
whose  
sages are silenced,  
and whose bigots haunt the airwaves.  
Pity the nation that raises not its voice,  
except to praise conquerors and acclaim the  
bully  
as hero  
and aims to rule the world with force and  
by  
torture.  
Pity the nation that knows no other  
language but  
its own  
and no other culture but its own.  
Pity the nation whose breath is money  
and sleeps the sleep of the too well fed.  
Pity the nation--oh, pity the people who  
allow  
their rights to erode  
and their freedoms to be washed away.  
My country, tears of thee, sweet land of  
liberty.

## Lifestyle Trends

Submitted by Kaki Burruss

Lifestyle choices is what Deadwood is all about. In fact, many of us came here to build our ideal of the perfect lifestyle. While traveling I ran across an article about global lifestyle trends sweeping the nation. "Wow," I thought. We could have written the book on these. See which one best fits your lifestyle.

### HYGGE (Denmark)

**Pronounced:** "HOO-ga"

**Rough Translation:** "Cosiness"

**What it is:** Hygge is a Danish concept of cozy, comfortable and quality living. Hygge is to the Danes what freedom is to Americans. It's also a buzzword used to sell Scandie-Cool items, such as tea-light candles, fluffy throws, and woven hats.

**Make it part of your life:** Rather than drudge through the winter, celebrate coziness, warmth and family, and practice mindfulness. Curl up before your wood stove with a good book and your favorite hot drink. Or play games with family or friends.

**Book:** "The Little Book of Hygge" by Meik Wiking

### LAGOM (Sweden)

**Pronounced:** "Lah-GOM"

**Rough translation:** "Not too much and not too little"

**What it is:** This holistic, less-is-more mentality from Sweden is all about living simply, and sustainably. It is tied to ideology of fairness and places an emphasis of collectiveness over individualism.

**Make it part of your life:** Take a pika (a break involving a hot beverage or a treat) to recharge your batteries during the workday. Also, declutter and create a capsule wardrobe to reduce stress.

**Book:** “Lagom: The Swedish Art of Living a Balanced, Happy Life” by Niki Brantmark

### IKIGAI (Japan)

**Pronounced:** “Ee-key-guy”

**Rough translation:** “Reason for being”

**What it is:** Forget about slowing down and cozying up to the fire, hygge-style. This age-old Japanese tradition is about uncovering your life’s purpose and going after it.

**Make it part of your life:** Do a little soul-searching and decide if what you do brings you joy and purpose. Do you love to jump out of bed in the morning and get to work? If not, it may be time to re-evaluate.

**Book:** “Ikigai: The Japanese Secret to a Long and Happy Life” by Hector Garcia and Francesca Miralles.

### GEZELLIG

**Pronounced:** “Heh-SELL-ick” (Holland)

**Rough Translation:** The word derives from “gezel,” which means “companion” or “friend.”

**What it is:** Gezellig refers to the warm-and-fuzzy feeling you get when you surround yourself with people, places, and things that are comforting, relaxing, and good for the soul. Like hygge, it exudes warmth and contentment, but at its core it is more sociable and less insular.

**Make it part of your life:** Relax, unwind, and de-stress with friends. Also, avoid negative or emotionally wearing individuals.

### FRILUFTSLIV

**Pronounced:** “FREE-loofts-liv” (Norway)

**Rough translation:** “Free air life” or “open-air living.”

**What it is:** A Norwegian lifestyle centered on joy and appreciation of nature, outdoor activities, and beautiful scenery.

**Make it part of your life:** Camp, hike, and forest-bathe. Encourage kids to play outside. Move to Deadwood.

**Book:** “There’s No Such Thing as Bad Weather” by Linda Akeson McGurk.

### PANTS DRUNK (KALSARIKANNIT) (Finland)

**Pronounced:** “Pants-drunk” or “cal-sar-y-cuhn-eet”

**Rough translation:** “Underwear,” and “kanni” equals “the state of inebriation.”

**What it is:** Imbibing alcohol in one’s underwear at home without any intention of going out. (Or other substances, as the case may be.)

**Make it part of your life:** After a busy workweek, ditch your plans — and your pants — and stay in. It’s fast, cheap, easy and democratic.

**Book:** “Pantsdrunk” by Miska Rantanen. Just in case you really think you need a book for this one.

-- Submitted by Kaki Burruss

### Uncle Keith’s Korner

A skunk is eating my dog food, my dog is eating the cat food, my cat is eating the jays that are eating the sheep feed, and a cougar is eating the sheep. Nobody told me country living would be like this!

**Trump's Trojan Horse**  
**By Lawrence Ferlinghetti**  
Submitted by AKA Steve Cosi

Homer didn't live long enough  
To tell of Trump's White House  
Which is his Trojan horse  
From which all the president's men  
Burst out to destroy democracy  
And install corporations  
As absolute rulers of the world

Ever more powerful than nations  
And it's happening as we sleep  
Bow down, oh Common Man  
Bow down!

**October Mapleton School Board Meeting  
in Deadwood!**

Please join your school board at our regular  
monthly meeting  
October 10 at 6pm at the Deadwood  
Community Center.  
We'd love to see you there!  
Questions? Call Michelle or Mizu

"Individual self-respect" and "collective  
self-confidence" constitute, then, the cultural  
building blocks of mass democratic politics.

-Lawrence Goodwyn, from The Populist  
Moment

*Submitted by Richie Gross*

Hundreds of swallows  
Gather for the long trip south  
Goodbye sweet summer

*Submitted by Kaki Burruss*



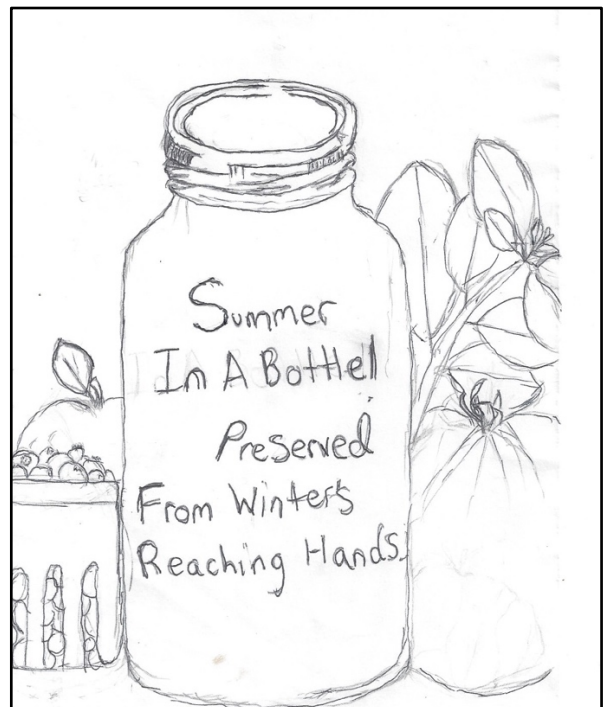
**3rd  
Saturdays**

**SAVE THE DATE**  
**2018/2019 Season**  
**Starting September 15th!**

**Music to be announced**

To get on the mailing list, or to  
volunteer please email  
[kateharnedyphotography@yahoo.com](mailto:kateharnedyphotography@yahoo.com)

Dinner for sale starting at 6:30, music at 7:30  
**Deadwood Community Center**  
4.3 miles up Deadwood Creek Road in Deadwood Oregon



## Deadwood Creek Restoration Project

Submitted by Siuslaw Forest Service



### Deadwood Creek Restoration Project Public Field Trip Invitation

I greatly appreciated the opportunity to meet with people interested in this project at the Deadwood Community Center in June to hear thoughts and ideas in the spirit of developing this project on the Siuslaw National Forest together. I'd like to continue down that path by having a public field trip on Saturday, September 29<sup>th</sup> so we can get out in the forest together and look at the types of restoration activities proposed in this project. We'll start at 9:00 at the Deadwood Community Center, spend some time visiting several different sites throughout the planning area to look at a variety of types of potential fish and wildlife restoration activities, and wrap up the day by about 3:00 p.m. or so.

As a quick reminder, this restoration project is located within Lane County in the Deadwood Creek drainage just north of the community of Deadwood, Oregon and about 15 miles northeast of Florence, Oregon. The overall purpose of the project is very similar to the watershed-scale restoration projects that the Siuslaw National Forest has been doing for several decades now, which typically include restoration and enhancement of fish and wildlife habitat. Similar projects in the past have included activities such as noxious weed removal; thinning young, dense, planted forested areas in order to accelerate the development of wildlife habitat as well as to provide commercial timber products; replacing undersized culverts with structures that fish are able to pass through; decommissioning old logging roads that are causing resource damage and are no longer needed; and arranging wood and logs in streams to create fish habitat.

If you are interested in going on this field trip **please contact Donni Vogel, project leader, at [dvogel@fs.fed.us](mailto:dvogel@fs.fed.us) or give her a call at (541) 563-8416 by September 8<sup>th</sup>, 2018.** Remember to wear sturdy shoes, be prepared for Oregon fall weather, bring your own lunch and water, and let Donni know whether you'd prefer to drive your own car or ride in a government vehicle.

I'm looking forward to continuing to develop this project with you all. Please help share this message widely with your friends, neighbors, colleagues, and whomever else you think might be interested. If you have questions, concerns, or ideas in the meantime, please feel free to get a hold of me, Michele Jones, District Ranger, at (541) 563-8445 or email me at [mhjones@fs.fed.us](mailto:mhjones@fs.fed.us).